

**"Mia is a kind,
friendly, reliable
teammplayer."**

Lär känna Mia

Mia är född 2008 och kommer från Nya Zeeland. Hon kommer i januari 2026 och stannar under en termin. Intressen är bl. a volleyboll, "netball", basket, sällskapsspel, matlagning och bakning.

Dear Host Family,

My name is Mia, and I am writing to you from New Zealand! I am 17 years old and describe myself as outgoing, positive, and adventurous. I like to challenge myself and moving to a new country sounds like an incredible opportunity to step outside my comfort zone. I love my life here in New Zealand, but I'm ready for a change!

Firstly, I want to thank you for giving me this chance to live and study in Sweden for half a year. I am very grateful for the chance to be accepted into your home and family. I have lived in New Zealand for all my life with my mum, dad, older brother (20), and older sister (18), Grace, who I am especially close with. We have 8 chickens and a dog, and we also have lots of cows out on our farm. My family and I love to travel, play boardgames, tramp, take our boat out for some water skiing or fishing and go snow skiing.

I attend an all-girls school and although it has its ups and downs, I really enjoy it. I love to hang out with my friends and get involved with school events. My favourite subjects are P.E, accounting and statistics. My least favourite subject is English. This year, I am a member of my school's head student team. I am a Sports Leader and therefore am a role model for the younger students. I have responsibilities such as organising sporting events and encouraging all students to participate in sports.

I consider myself to be a very sporty and fitness orientated individual. I play netball and volleyball competitively and play touch and basketball socially (not all at once though!). I also used to row for 4 years. I love to go to the gym and hike with friends and family. All the exercise definitely builds up my appetite, which is probably why I have a big love for food! I love to cook and bake in my spare time and would love to share some of my favourite meals and treats with your family. Alongside baking and cooking, in my spare time I get up to a variety of things. I love to connect and spend time with others. My friends and I have sleepovers, go on walks/tramps, watch movies, swim at the beach, go to the gym together, and occasionally attend parties. I also enjoy taking time to relax and unwind - listening to music, reading, playing boardgames/cards, and watching movies are some of my favourite ways of doing that. I volunteer in my local community and really enjoy giving back. At the moment, I mentor a young girl through the Big Brothers Big Sister programme which has been incredibly rewarding. I am also a Sports mentor to a younger student within my school. I would love to continue volunteering in Sweden and make a positive impact on the community - perhaps by helping others learn English or getting involved through sport.

I'm really looking forward to sharing my New Zealand culture with you and learning about yours! I'm someone who loves to get involved and be spontaneous. I'm more than happy to help around the house and do my part as a member of your household. I am considerate, respectful, and have a good sense of humour. I like to communicate openly and honestly.

Going on an exchange is something I've always dreamed of, and I see it as a great way for me to grow as a person. I want to become more confident, independent, and open-minded. I'm looking forward to making genuine connections with people and learning about your culture and way of life. I also hope to improve my Swedish! I believe an exchange will shape me in the best way and I know that I will carry this experience with me for the rest of my life.

-Mia

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