

"Matea is a of a calm, gentle and non-confrontational nature. She maintains friendly relationships."

Lär känna Matea

Matea är född 2008 och kommer från Slovakien. Hon kommer i januari 2026 och stannar under en termin. Intressen är bl. a skridskoåkning, gymträning, hästar och social aktiviteter.

Dear Host Family, My name's Matea, I'm 17 years old, and I'm from Slovakia. I honestly can't wait to experience life in Sweden and meet you! I may seem shy and a bit reserved at first, but after a while, I become the total opposite - cracking jokes, going out, and I can't deny my love for sarcasm. I'm a kind, ambitious, and I like to say funny girl, who loves keeping herself busy and travel. I do activities of all kinds- I'm a part of the red cross community (which is really fun, I feel like a doctor, plus helping people makes me genuinely happy), doing sports - gym and ice skating are my favorites, and of course, something to take my mind off things- for example, going to a cafe with friends (I'm a huge coffee lover). I recently applied for a job at a hotel as a receptionist, so another activity added to the list! I go to a bilingual high school (gymnázium), which is a difficult school, so a lot of my afternoons I spend studying. But I can't really complain, my dream is to go to a nice university, probably in London or the UK. But I'm not sure yet what exactly I want to study, maybe something with business, management, or even fashion. I was in England for 2 weeks this summer for a school program, and I met some amazing girls who were Swedish. They are partially the reason I chose to do an exchange year in Sweden. I've been dreaming of doing an exchange ever since I was a kid, and the Swedish girls really made up my mind about going. I'm excited to learn more about the people, everyday life, fashion, nature, and just everything. I have a passion for fashion, and I've seen the 'Stockholm/Scandinavian' style all over social media, and to be honest, it's GORGEOUS.

My family is made up of me, my mom, my dad, and my younger brother. We also have a dog Roxy, a cute, cuddly Yorkshire. At our cottage we have a cat Rudo (yes Rudo is a boy name but that's because we thought she was a boy). I spent a lot of my childhood at our cottage with my family, where our neighbours have horses, so I developed a love for horses and horse riding. Family means a lot to me, and the older I get the more I realize it. But most of all I love spending time with my mom, she's like a best friend I can tell everything to.

My best friend is even my godmother for confirmation, so we're bonded for the rest of our lives. I spend a lot of time with them, they're like my platonic soulmates. We go to the same school, have the same hobbies, so I really do feel great with them. They also understand that sometimes my social battery runs out and I need a while to be alone, not once did they pressure me into anything. I hope that in Sweden I'll find friends like them! My day in life looks pretty much the same every day, at least the first half. I like to wake up early so I can have a little bit of time just for myself, the last minutes of quiet, and then I go to school until around 2pm. Last year I had English lessons after school 2x per week, but not anymore, so I have more free time now. I think adapting to the new culture and environment will take some time, but that's a challenge I'm eager to take on, and I think by spending time with you it'll get easier. Maybe the first days will be quite difficult, but after settling down, it'll only get better and better. I'll try to really put myself out there and meet new people, even though I don't speak much Swedish (of course I'm willing to learn!). But I can't wait to really experience what it's like to live a Swedish life, going to school there and the famous fika 'ritual'. I'm also excited to walk around the town/cities, seeing the architecture, coffee shops, how people dress and the winter there. I imagine there is a huge amount of snow, which could be magical. I think this exchange will make me more independent and also confident, so personal growth is definitely a strong point. Making friends means a lot to me, too. I hope I'll achieve friendships that I've never had before.

Thank you for reading my letter, and see you soon!

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